



Pregnant & New Mum Packages

Indulge Me £40.00 (1 hour 30mins)

This package includes a treatment for your Face and Feet, a welcome indulgence for any pregnant or new mum. Incorporates an Express Facial and a Luxury Pedicure.

Mum-to-be Package £80.00 (2 hours 30mins)

To include Express Facial, Indian Head Massage, Eyebrow Shape and Luxury Pedicure.

New Mum Pamper Package £90.00 (3 hours)

We know that becoming a Mum is pretty exhausting, so we have designed a Special Pamper Package to help you relax, incorporating Full Body Exfoliation, Full Body Massage, Express Facial, Scalp Massage and a Express Pedicure.

Special Packages

Holiday Special £70.00 (2 hours)

1/2 Leg Wax, Bikini Wax, Eyelash Tint, Eyebrow Shape, File and Polish of the Hands and Feet.

Top to Toe £90.00 (4 hours)

Luxury Manicure and Pedicure, Facial and Full Body Massage.

Glowing Vitality £50.00 (1 hour 15mins)

Revitalising Facial and Full Body Massage.

De-Stress Me £75.00 (2 hours 15 mins)

Back Treatment, Express Facial, Express Manicure and Pedicure.

Sparkle and Shine £90.00 (3 hours 30mins)

Fake Bake Tan, Shellac Manicure, Shellac Toes, and Lash Extensions.

Teen Treat £50.00 (1 hour 30mins)

Mini Facial, Mini Manicure and Mini Pedicure



About the Beauty Room

The Beauty Room offers a varied range of Treatments from Waxing to the more Holistic Treatments such as a Indian Head Massage.

With 18 years experience as a Beauty Therapist and regularly attending new courses, you know you are in safe and competent hands with Lily.

The Beauty Room is a sanctuary where you can enhance your mood, appearance, physical and emotional well being. A relaxing retreat where you can devote time to yourself away from the stresses and strains of everyday life.

Client Information:

Please arrive 10 minutes prior to your treatment to ensure you are fully relaxed.

Please remember some treatments will require a patch test at least 24 hours before your treatment.

Please give at least 24 hours notice should an appointment need to be cancelled, or a £5.00 fee may be charged.

Gift Vouchers:

All Treatments can be purchased as Gift Vouchers for Birthdays, Christmas, Mothers Day and all other special occasions.



The Beauty Room

• Relax • Unwind • Indulge •

www.thebeautyroomiow.co.uk

Call to book an Appointment:

01983 296610 or 07855 957561

Address:

50 Osborne Road, East Cowes PO32 6RY

Email: thebeautyroom50@gmail.com

Opening Hours:

Monday to Friday 9am - 8pm

Saturday 8am - 4pm



The Beauty Room



All major debit and credit cards accepted

Facial Treatments

Detoxifying Facial £30 (50 mins)

An ideal Facial for combination skin. Increases circulation and decongests clogged pores. Your skin will be left looking and feeling brighter with improved skin texture.

Revitalising Facial £30 (50 mins)

Ideal for dry, dehydrated, flaky and tired skin. This rehydrating facial is an excellent regenerating boost. Gentle deep cleansing and exfoliation helps the skin to improve the absorption of nourishing and moisturising products which are specifically chosen for their deeply hydrating benefits. This facial leaves the skin smooth, soft, supple and nourished.

Express Facial £25 (30 mins)

The perfect facial if you do not have much time to spare but are in need of a bit of a lift. Your skin will be left feeling fresh and recharged.

Microdermabrasion £45 (15% off when booking 6 sessions)

A system of intense exfoliation and resurfacing using ultrafine crystals that rejuvenate the skin. Improving the overall appearance of skin, giving you a healthy glow and youthful appearance.

Aesthetic Treatments

Offering line smoothing injections (botox) and Juverderm dermal fillers. Treatments are carried out by registered nurse and prescriber Helen Pole RGN,BSC (Hons) INP of 'Fade Away' Injectables.

Botox: x1 Area £130 x3 Areas £200 **Juverderm** from £150

Hair Removal

We offer a range of waxing solutions at competitive prices including Full Leg, Bikini, Brazilian, Hollywood, Back, Lip, Chin and Eyebrow Waxing.

Full Leg £21	Bikini £10	Underarms £8
1/2 Leg £15	Extended Bikini £12	Forearm £10
3/4 Leg £17	Brazilian £18	Lip or Chin £6
Back £20	Hollywood £25	Eyebrows £8

Body Treatments

Our bodies are covered with clothes most of the time and forgotten about, but they need just as much love and attention as our hands, face and feet. The benefits of body brushing and massage alone are endless.

Back, Neck and Shoulder Massage £25 (30 mins)

A firm muscular massage to a specific problem area.

Full Body Massage £32 (1 hour)

A deep pressure massage to tension and stress from the body. Back, Shoulders, Neck, Legs, Arms, Chest and finishes with a Scalp Massage.

Anti-Stress Back Massage £30 (40 mins)

A deep exfoliation and a massage using stress busting oils of Lavender, Sandalwood and Ylang Ylang.

Back to Bliss £45 (1 hour)

A true Back, Face and Scalp Ritual. Aromatherapy Back Massage and aromatherapy Express Facial, finishing off with a soothing Scalp Massage.

Breathe Easy £30 (45 mins)

Ideal for Sinus and Cold sufferers, focusing on the Back, Chest, Neck, Shoulders and Face. It features an Eucalyptus, Pine and Tea Tree inhalation.

Indian Head Massage £25 (30 mins)

Helps to balance the 3 vital energies in the body and helps to improve health. Consists of massaging the Upper Back, Arm, Neck, Scalp and Face.

Detox Body Treatment £35 (45 mins)

Ideal for a sluggish circulation and cellulite. Dry body brushing and a firm massage using specific toning oils.

Frankincense and Mandarin Body Boost £35 (1 hour)

An uplifting Full Body Treatment for total head to toe invigoration.

Tranquil Indulgence £40

Indian head massage and express facial.

Thai Foot Massage £30

A wonderful rejuvenating and re-energising treatment.

Hopi Ear Candles £30

A relaxing, rebalancing soothing treatment.

Hot Stone Body Massage Full Body £48 Back £32

The warm basalt stones are used to deeply relax muscles, ease tension and induce a state of calm.

Full Body Exfoliation £30

Ideal treatment prior to holidays or anytime. Includes essential oil enriched salt scrub and finishing with an application of body butter.



Fake Bake Self Tanning £30 (50 mins)

An instant sun kissed colour that develops into a long lasting sunless fake tan by combining naturally derived tanning agents. This treatment also includes full body exfoliation, which is key to achieving an even tan.

Lash & Brow Treatments

Eyelash Tint £10 Eyebrow Tint £6 Eyebrow Shaping £8

A patch test will be required at least 24hrs prior to your first treatment.



Lash Perfect Eyelash Extensions: Lashes are made thicker, longer and fuller through professional application of an individual synthetic lash directly to your own natural eyelashes.

Full Set £50 Lash Top Ups £20 Removal £12

Lash Lift Treatment £45

Gives you length, volume and a more wide-eyed look without the need of lash extensions

Hands & Feet Nail Treatments

Luxury Shellac Manicure £28 Luxury Shellac Pedicure £30

A deluxe treat for hands or feet

**For an extra £3 you can have French Polish. Please bring open toe sandals with you to avoid smudging polish.*

Shellac™ Express Manicure or Pedicure £20

Now you can say goodbye to chips, smudges and dry time and say hello to Shellac Nail Colour! This revolutionary product applies like polish, wears flawlessly for 14 days of high gloss shine and is removed in minutes.